

Chemical & Mental Health Resources

Print Version
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www.northfieldhci.org/resources

CHEMICAL HEALTH

Substance Use Aftercare/Recovery Support

Al-Anon

952-920-3961

www.minnesotasouth-al-anon.org

Al-Anon has but one purpose: to help families of alcoholics.

Alateen

952-920-3961

www.minnesotasouth-al-anon.org/alateen

Alateen is for young people whose lives have been affected by someone else's drinking.

Alcoholics Anonymous

SMAA

P.O. Box 2812

Minneapolis, MN 55402

1-951-922-0880

www.area36.org

AA is a voluntary, worldwide fellowship of men and women from all walks of life who meet together to attain and maintain sobriety. The only requirement is the desire to stop drinking.

Amazing Love Recovery Group

1100 9th Ave. SW

Faribault MN 55021

507-334-6608

A Christian-based recovery group for adults that meets every Sunday night at 6:00 PM at St. Luke's Church in Faribault, MN.

Comunidades Latinas Unidas En Servicio (CLUES)

797 East 7th Street

St. Paul, MN 55106

651-379-4200

www.clues.org

CLUES offers the following in Spanish: chemical health assessments, outpatient treatment, weekly NA, AA, and Al-Anon support group meetings and an educational DWI intervention classes.

Ellen Saul & Associates

14781 Bagley Ave

Faribault, MN 55021

Phone: 507-334-9117

Ellen has training working with attachment and trauma (EMDR, Somatic Experiencing).

Fountain Centers

2301 NW 4th Street,

Faribault, MN 55021

507-334-6413

mayoclinichealthsystem.org/locations/albert-lea/fountain-centers

Offers a full range of services related to chemical abuse/dependency with multiple locations.

Hazelden Foundation

15245 Pleasant Valley Road

Center City, MN 55012

1-866-261-3734

www.hazeldenbettyford.org/locations/plymouth

Outpatient and residential treatment for chemical dependency and co-occurring disorders.

Serves adolescents and young adults ages 14-25 at its Plymouth, MN facility.

Narcotics Anonymous

(877) 767-7676

www.naminnesota.org

A nonprofit fellowship or society of men and women for whom drugs have become a major problem. We meet regularly to help each other stay clean.

Omada Behavioral Health Services

401 Division St, Suite B
Northfield, MN 55057
507-664-9407

An outpatient substance use disorder clinic providing services for adults and teens.

Ruth's House of Hope

124 1st Avenue SW
Faribault, MN 55021
507-332-2236

www.ruthshouseofhope.org

Provides transitional housing in a safe, supportive and healing environment to help women and families on their way to a new beginning.

South Central Human Relations Center, Inc.

610 Florence Avenue
Owatonna, MN 55060
507-451-2630

www.schrc.com

Through its Dual Recovery Program, South Central Human Relations Center provides treatment for individuals and their families that live with both mental illness and substance use issues.

St. Olaf College Counseling Center

1520 St. Olaf Avenue
Northfield, MN 55057
507-786-3062

stolaf.edu/counseling-center

Offers chemical use/abuse screenings and counseling for chemical use/abuse issues as part of comorbid psychiatric conditions. Full chemical dependency evaluations and chemical dependency treatment is outsourced. The Wellness Center at the college offers outreach/education services for chemical health to college students. The Counseling Center does Rule 25 assessments for the St. Olaf student population, but refers out for treatment.

Substance Use Assessments

Carleton College – Student Health and Counseling

1 North College Street
Davis Hall, Ground Floor
Northfield, MN 55057
507-222-4080

apps.carleton.edu/studenthealth

Student Health and Counseling is committed to providing services that help students meet their physical and mental health needs from a holistic perspective, with a focus on education for life-long learning and health.

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Fairview Behavioral Services

15650 Cedar Ave. S
Apple Valley, MN 55124
800-824-1953

www.fairview.org/overarching-care/behavioral-health-services

Offers programs for individuals, couples and families at a variety of locations. Some services are hospital based and others are in clinics, conveniently located throughout the community. In addition, Fairview Counseling Services provide outpatient psychotherapy to children, adolescents, adults and seniors in a several locations in the metropolitan and surrounding areas. For an alternative to traditional inpatient programs, we also offer Fairview Adult Residential Recovery Services.

Fountain Centers

2301 NW 4th Street,
Faribault, MN 55021
507-334-6413

mayoclinichealthsystem.org/locations/albert-lea/fountain-centers

Offers a full range of services related to chemical abuse/dependency with multiple locations.

Hazelden Foundation

11505 36th Ave North
Plymouth, MN 55441
800-257-7800

www.hazeldenbettyford.org/locations/plymouth

*Outpatient and residential treatment for chemical dependency and co-occurring disorders.
Serves adolescents and young adults ages 14-25 at its Plymouth, MN facility.*

Omada Behavioral Health Services

401 Division St, Suite B
Northfield, MN 55057
507-664-9407

An outpatient substance use disorder clinic providing services for adults and teens.

Rice County Social Services

320 NW Third Street
Faribault, MN 55021
507-332-6115

www.co.rice.mn.us/340/Social-Services

Chemical Health Assessments (Rule 25) for eligible county residents.

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St. Olaf College Counseling Center

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Northfield, MN 55057
507-786-3062

stolaf.edu/counseling-center

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Substance Use Inpatient/Residential Treatment

Fairview Behavioral Services

15650 Cedar Ave. S
Apple Valley, MN 55124
800-824-1953

www.fairview.org/overarching-care/behavioral-health-services

Offers programs for individuals, couples and families at a variety of locations. Some services are hospital based and others are in clinics, conveniently located throughout the community. In addition, Fairview Counseling Services provide outpatient psychotherapy to children, adolescents, adults and seniors in a several locations in the metropolitan and surrounding areas. For an alternative to traditional inpatient programs, we also offer Fairview Adult Residential Recovery Services.

Fountain Centers

Multiple Locations
507-377-6411
800-533-1616 (toll free)

mayoclinichealthsystem.org/locations/albert-lea/fountain-centers

Offers a broad array of substance abuse and addiction services including education classes, intensive outpatient, residential and extended care treatment.

Hazelden Foundation

15245 Pleasant Valley Road
Center City, MN 55012
800-257-7800

www.hazeldenbettyford.org/locations/plymouth

Outpatient and residential treatment for chemical dependency and co-occurring disorders. Serves adolescents and young adults ages 14-25 at its Plymouth, MN facility.

West Hills Lodge, Inc.

529 Woodley St. W.
Northfield, MN 55057
507-645-6226

westhillslodge.com/whl/Home.html

West Hills Lodge is a residential treatment center, providing safe, sober housing and treatment programming for adults age 18 and older in recovery from substance use disorders.

Substance Use Outpatient Treatment

Comunidades Latinas Unidas En Servicio (CLUES)

797 East 7th Street
St. Paul, MN 55106
651-379-4200

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Omada Behavioral Health Services

401 Division St, Suite B
Northfield, MN 55057
507-664-9407

An outpatient substance use disorder clinic providing services for adults and teens.

Rice County Public Health

320 Third Street NW, Ste. 1
Faribault, MN 55021
507-332-6111

www.co.rice.mn.us/256/Public-Health

Provides tobacco cessation referral and education. They also offer family home visiting services by nurses and family health paraprofessional staff for parent/health education and to support/strengthen parent/child relationships, primarily focused on children 5 and younger.

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1520 St. Olaf Avenue
Northfield, MN 55057
507-786-3062

stolaf.edu/counseling-center

Offers chemical use/abuse screenings and counseling for chemical use/abuse issues as part of comorbid psychiatric conditions. Full chemical dependency evaluations and chemical dependency treatment is outsourced. The Wellness Center at the college offers outreach/education services for chemical health to college students. The Counseling Center does Rule 25 assessments for the St. Olaf student population, but refers out for treatment.

MENTAL HEALTH

Mental Health Counseling Services

Allina Health – Faribault Clinic

100 State Avenue
Faribault, MN 55021
507-334-3921

wellness.allinahealth.org/locations/63

Provides assistance in assessment and referral, as well as individual and family counseling in support to sobriety.

Allina Medical Clinic – Northfield

1400 Jefferson Road
Northfield, MN 55057
507-663-9000

wellness.allinahealth.org/locations/78

Drug Testing, Education/Awareness, Prevention

Associates in Psychiatry and Psychology

1980 30th street NW Suite #110
Faribault, MN 55021
507-333-5044

www.appmn.com

Counseling services offered for depression, anxiety, ADHD, abuse, sexuality. Couples, individual and family. Psychotherapy, medication management, psychological assessments.

Casey & Associates

220 Division Street So
Northfield , MN 55057
507-650-4127

Education/Awareness; Counseling – Individual, Family; Depression; Anxiety; Other: School issues; developmentally delayed; domestic and sexual assault; blended family; divorce support

Cedar House, Inc.

815 Hwy 3
Northfield, MN 55057
(507) 645-8335

www.cedarhouseinc.com

Cedar House provides mental health services in a safe, therapeutic environment to promote individual growth, life skill development with a steady path to recovery.

Center for Human Resources, Inc.

220 Division Street
Northfield, MN 55057
507-645-9304

chr-northfield.com

The Center for Human Resources is an outpatient mental health center which was founded in 1976. We offer a range of therapeutic and educational services to individuals, couples, families, groups, and organizations. Our primary goal is to promote mental health with attention to social, physical and spiritual components.

Daniel J. Dimick

105 East 4th Street, Suite 304
Northfield, MN 55057
507-645-6575

Dan Dimick is a Licensed Psychologist and Licensed Marriage and Family Therapist with thirty years of experience in helping people. He works with individuals, couples, and families. In addition, he provides a range of group therapy and educational programs focused on a variety of issues and concerns.

Detjen Counseling – Paula J. Detjen, MA, LMFT, LPC

105 East Fourth Street, Suite 301
Northfield, MN 55057
507-581-0430

www.detjencounseling.com

Provides individual, couples and family therapy. Serving children, adolescents and adults who present with a variety of issues such as depression, anxiety, adjustment problems, PTSD, relationship, school or work issues, grief & loss, stress management, and parenting and communications. State approved gambling treatment provider. Specialty in working with Deaf, Hard of Hearing, and fluent in ASL. Prepare/Enrich facilitator to assist couples in strengthening their relationship.

Ellen Saul & Associates

14781 Bagley Ave
Faribault, MN 55021
Phone: 507-334-9117

Ellen has training working with attachment and trauma (EMDR, Somatic Experiencing).

Fernbrook Family Center, Inc.

Fernbrook Family Center, Inc.
410 Central Ave N
Faribault MN 55021
Phone: 507-331-3454

fernbrook.org

Assist child(ren) of families in overcoming difficulties. Children's therapeutic support services.

Healthy Minds Counseling Services

418 Heritage Place, Suite C
Faribault, MN 55021
507-412-1468

www.healthymindscounseling.com

A private psychotherapy practice located in Faribault, MN. My approach to counseling is to provide a safe, caring, and non-judgmental environment for you to heal. You will be an active participant in the healing process. We start where you are at by identifying your concerns and goals and work together on changing your life experience by focusing on your strengths. We explore change as a time to learn about ourselves and grow.

HOPE Center

1003 7th Street NW
Faribault, MN 55021
507-332-0882

hopecentermn.org

The Hope Center provides free & confidential services such as supportive listening & support groups for victims of violence in Rice County.

Lutheran Social Services – Faribault

1207 Prairie Ave SW
Faribault, MN 55021
507-625-7660

www.lssmn.org/Counseling

Individual and family counseling.

Mental Health Professionals, Inc.

209 East main Street Suite A
Owatonna, MN 55060
507-446-8123

www.mentalhealthprofessionalsinc.com

Services Include: Depression, anxiety, teen problems, marital conflicts, psychological assessments, women's issues, ADHD, behavioral problems, panic attacks, family issues, psychiatric evaluations, PTSD.

Millenacker Psychological Services

401 Division Street, Suite M
Northfield, MN 55057
612-703-6648

Michelle Millenacker is a clinical and forensic psychologist offering services which include therapy, custody evaluations, mediation, psychological evaluation, and parenting consulting.

MN Mental Health Consulting

101 East Fifth Street, Suite 102
Northfield, MN 55057
612-203-2961

www.mnmentalhealthconsulting.com

Provides therapy service to children, teenagers and adults. Our therapists have additional training in parent/child therapy for children under age 5 and working with families and couples who are struggling with parenting and marital/relationships issues. We also provide DBT which is specialized therapy for teenagers and adults who may be suicidal or engaging in risky and impulsive behaviors. Please contact us for more information.

New Directions Counseling Center

303 1st Avenue NE, #220
Faribault, MN 55021
507-332-8082

Rice County Social Services – Mental Health Services

320 3rd Street NW
Faribault, MN 55021
507-332-6115

Provides education, prevention, adult mental health case management, crisis management, children's mental health case management.

Scurry, Zweker & Associates

625 3rd Avenue NW
Faribault , MN 55021
507-334-2892

www.counselorsmn.com

Provides counseling services to families and individuals for 25-30 years. We see children, adolescents, adults, families who present with a variety of issues such as trauma, adjustment problems, PTSD, anxiety, depression, learning problems, conduct issues and chemical allure. We provide diagnostic assessments and education evaluations for families and individuals for agencies, court services and treatment programs.

Secure Base Counseling Center

570 Professional Drive
Northfield, MN 55057
507-301-3421

www.securebasecounselingcenter.com

An outpatient mental health provider, and state certified children's therapeutic and support services.

South Central Human Relations Center, Inc.

610 Florence Avenue
Owatonna, MN 55060
507-451-2630

www.schrc.com

Through its Dual Recovery Program, South Central Human Relations Center provides treatment for individuals and their families that live with both mental illness and substance use issues.

Stacey L. Klemptner, MSW, LICSW

402 Washington St
Northfield, MN 55057
507-645-0444

northfieldtherapist.com

As a licensed clinical social worker, I provide mental health counseling to adolescents and adults dealing with severe and persistent mental illness, anxiety and depression, chronic health concerns, HIV, grief and loss, life change, adjustment issues, issues surrounding sexual orientation and alternative lifestyles, trauma, substance abuse issues, and physical abuse.

Strong Foundations Counseling LLC

421 Central Avenue N. Suite 400,
Faribault, MN 55021
507-491-4848

*Individual counseling - Christian, CBT, DBT, Family; Marriage counseling; Family counseling;
Group counseling – DBT Group*

The Talk Doctor, Dr. Christi Bostwick, Ph.D

313 ½ Division St S, Suite 202
Northfield, MN 55057
612-886-4940

thenorthfieldtalkdoctor.com

Services are specialized for children ages 0-13, adolescents, and their families. Cognitive-Behavioral focused therapy, psychological assessment, testing, and diagnosis of common childhood milestones.

Mental Health Evaluation/Consultation

Allina Health – Faribault Clinic

100 State Avenue
Faribault, MN 55021
507-334-3921

wellness.allinahealth.org/locations/63

Provides assistance in assessment and referral, as well as individual and family counseling in support to sobriety.

Allina Medical Clinic – Northfield

1400 Jefferson Road
Northfield, MN 55057
507-663-9000

wellness.allinahealth.org/locations/78

Drug Testing, Education/Awareness, Prevention

Associates in Psychiatry and Psychology

1980 30th street NW Suite #110
Faribault, MN 55021
507-333-5044

www.appmn.com

Counseling services offered for depression, anxiety, ADHD, abuse, sexuality. Couples, individual and family. Psychotherapy, medication management, psychological assessments.

Casey & Associates

220 Division Street So
Northfield , MN 55057
507-650-4127

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District One Hospital/Allina Health

200 State Avenue
Faribault, MN 55021

507-334-6451

www.allinahealth.org/District-One-Hospital

District One Hospital, a part of Allina Health, is available for medical needs and referral needs related to chemical and/or mental health.

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Our Savior's Lutheran Church

1207 Prairie Ave SW

Faribault, MN 55021

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New Directions Counseling Center

303 1st Avenue NE, #220

Faribault , MN 55021

507-332-8082

Provides individual and family therapy, marital therapy. Ages 2 and older, art and play therapy for children, Psychodynamic Psychotherapy for adults.

Northfield Hospital & Clinics

2000 North Avenue

Northfield, MN 55057

507-646-1000

www.northfieldhospital.org

Emergency mental health services.

Rice County Social Services – Mental Health Services

320 3rd Street NW

Faribault, MN 55021

507-332-6115

Provides education, prevention, adult mental health case management, crisis management, children's mental health case management.

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www.counselorsmn.com

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HOPE Center

1003 7th Street NW
Faribault, MN 55021
507-332-0882

hopecentermn.org

The Hope Center provides free & confidential services such as supportive listening & support groups for victims of violence in Rice County.

Infants Remembered in Silence, Inc. (IRIS)

218 Third Ave. NW
Faribault, MN 55021
(507) 334-4748

www.irisremembers.com

A nonprofit organization, supplements the care given by the medical, mental health, and religious communities by providing resources and referral information, support and education to parents, family, friends, and professionals after a child dies in early pregnancy (ectopic pregnancy, molar pregnancy, miscarriage, etc.) or from stillbirth, neo-natal death, birth defects, illness, accident, sudden infant death syndrome (SIDS), sudden unexplained death of a child (SUDC), and all other types of infants and early childhood death.

New Directions Counseling Center

303 1st Avenue NE, #220
Faribault, MN 55021
507-332-8082

Provides individual and family therapy, marital therapy. Ages 2 and older, art and play therapy for children, Psychodynamic Psychotherapy for adults.

Northfield Grief Support Coalition

507-646-1456

All groups and events are free and open to anyone grieving the death of a loved one. Groups are held weekly at various locations in the community, and church affiliation is not required.

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