



June/July 2007

Welcome to the Northfield Area Parent Communication Network's monthly e-newsletter! You are a member of a network of unbelievable parents that do make a difference and help create a healthier and safer community for all our youth.

Lazy Days of Summer

The end of school does not mean parenting takes a vacation. Teens still require boundaries and supervision. You have the right and responsibility to set boundaries for your ten so that he/she can make good decisions and stay safe.

Reminder: Northfield City Ordinance, Sec. 30-116, Curfew for Minors states the following curfews: 16 and under – 10:00 pm
16-18 – Midnight

Time to Talk Campaign

In August, the Partnership for a Drug-Free America plans to launch a year-round marketing campaign called the "Time to Talk". The aim is to encourage parents and caregivers to have frequent and positive conversations with their children ages 8 to 19. Parents are the number one influence in their children's lives. To access useful tools and tips for parenting. Go to the "Time to Talk" website www.timetotalk.org.

Family Guide Website

SAMHSA's (Substance Abuse and Mental Health Services Administration) "A Family Guide to Keeping Youth mentally Healthy and Drug Free", at www.family.samhsa.gov is designed for parent and other adults involved in the lives of 7-18 year olds. The goals are to increase protective factors, reduce risk factors, and improve family interactions: promote mental health and help prevent underage use of alcohol, tobacco, and illegal drugs.

Share the Information

The PCN e-letter will go on hiatus until Mid-August. Enjoy your summer and your children. Please remind your friends or acquaintances about PCN, share the information provided in the e-letters, and let them know how easy it is to join. Simply go to www.northfieldhci.org/nspcnnew.php and sign up.

If you wish to unsubscribe to the PCN e-letter, please let us know by replying to the e-letter you receive.

Thanks for helping create a safe and healthy environment for all of Northfield's youth.